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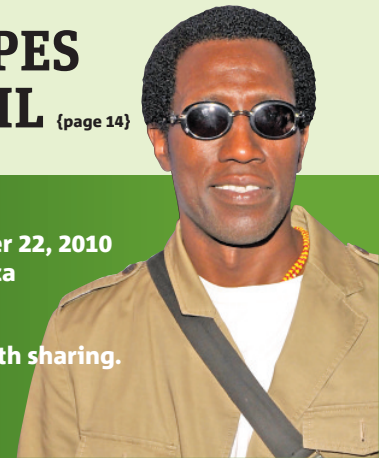
COMEDIAN AMY SEDARIS ON HER NEW BOOK OF CRAFTS: 'I HATE CRAFTS' {page 12}

SLAMMER

WESLEY SNIPES GOING TO JAIL {page 14}



CALGARY metro®
Monday, November 22, 2010
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News worth sharing.

▶ Stampeder Charleston Hughes reacts yesterday. Story, page 17.

LARRY MACDOUGAL/THE CANADIAN PRESS

Defeat stuns favoured Stamps

The Stampeders lost by a score of 20-16 at the hands of the Saskatchewan Roughriders in yesterday's CFL Western final. The Riders advance to face the Montreal Alouettes in next week's Grey Cup game, a rematch of last year.

Justin Bieber dominates AMAs

They love him. They really, really love him {page 8}

A challenge to one-wife limit

B.C. court to begin review of law banning polygamy {page 4}

Citizens may have $250K say

City looks at hiring firm that would develop strategy for citizen-involved budget planning ◐ According to the RFP, the project could cost up to $250,000

KATIE TURNER
CALGARY@METRONEWS.CA

Citizen engagement may soon reach the next level.

The city is looking to directly involve Calgarians in the next round of budgeting plans.

In late October, according to a document obtained by Metro, the city issued a request for proposals looking for a firm to develop an "engagement strategy" that will work for council, city staff and Calgarians in planning for the 2012 to 2014 budget.

Ald. Brian Pincott said this strategy should be more in-depth than past attempts.

"It needs to be more than just sort of focus-group panels," said Pincott. "We need to find real ways to start looking at participatory budgeting."

Pincott said the budget is merely a tool that executes the city's strategic plan.

"You have a strategic vision that everybody buys into at the city, and then you have a budget, which is implementing what everybody is on board with," he said.

Longtime citizen-engagement proponent, Peter Rishaug, co-founder of Civic Camp, said involving Calgarians could "streamline" the budget.

"I think that Calgarians have been asking for this for a number of years," he said. "This is nothing new, it's just reaching the point where we're able to achieve it."

Ask and ye might just receive

- The request for proposals closed on Nov. 15.
- Talks regarding the 2012 to 2014 budget will begin in November 2011, said Ald. Brian Pincott.
- The city is looking for online citizen input for the current budget adjustments, which will come to council on Nov. 29 and 30.

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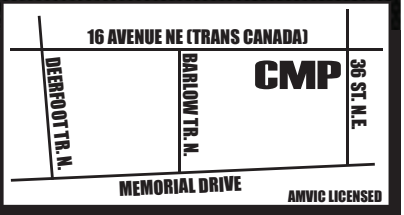

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Bedbugs force student from U of C residence

Student likely still on hook for $3,000 residence fee • University replaced all mattresses this year

After nearly two months of coping with a nagging rash, a local student realized he wasn't alone inside his University of Calgary studio apartment.

"I found a bedbug in my bed. It made it really obvious what was going on," said Evan, 20, last name withheld at his request.

The second-year student informed officials of the problem inside his Olympus Hall residence and learned of at least other three cases at the university.

He was told to fill out a form and wait for an exterminator to spray the room.

"In what I had been reading, it just didn't seem like they would be able to get rid of them," Evan said.

Evan opted not stay in his Olympus Hall residence and moved out around the beginning of November. The student believes it isn't fair he has to pay the residence fees for the full semester. Matthew Knox, president of the university's Residence Students' Association, was not aware of Evan's specific case but said he likely would have been granted reprieve had he made the situation known earlier.

Several other students entering and exiting Olympus Hall yesterday said they had not been informed of bedbugs. JEREMY NOLAIS

Infestation

- Widespread bedbug infestations have been reported in North America this year. They are oval-shaped and range in size from six to 10 millimetres.
- Signs of infestation include welts on skin, as well as black or brown spots on mattresses, sheets, bedframes and walls.

JEREMY NOLAIS/FOR METRO

▶ Olympus Hall, a residence building at the University of Calgary where at least one student moved out after discovering bedbugs in his studio apartment.

Apology for cookie snub

Alberta Health Service's top dog is backtracking after snubbing the media for a cookie.

Media questioned Dr. Stephen Duckett, president and CEO of AHS, on Friday following a meeting about emergency room wait times.

"I'm eating my cookie," Duckett repeatedly told reporters as he walked out of the building.

The video of the outburst was posted to YouTube.

▶ Dr. Stephen Duckett

Duckett posted an apology Saturday through his blog.

"The meeting made great progress," he wrote.

"That success has to some extent been overshadowed by my poor responses to the media afterwards, which I deeply regret and for which I apologize unreservedly."

KATIE TURNER

For more news, visit metronews.ca/calgary

News in brief

Suspicious death investigated

AIRDRIE. RCMP are investigating a suspicious death after being called to an Airdrie home Saturday morning. Officers responded to the home around 8 a.m. where they found a deceased male.

The Red Deer Major Crimes Unit and RCMP from Calgary are investigating the death.

Stabbing victim dies

LETHBRIDGE. RCMP are looking for a suspect believed to be responsible for stabbing a man at a community centre in Coalhurst. The victim, in his 20s, died yesterday morning as a result of his wounds. RCMP are looking for a man driving a silver or gold car with the licence plate PLE 422.

METRO

1 news

ScanLife

German paper rejects claims reporters covering Iran stoning case are spies. Scan code for the story.

1 Download the free ScanLife application with your smartphone at 2dscan.com

2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to relevant content at **m.metronews.ca**

On the web at metronews.ca

Market watchers get a bit of a breather as New York markets wind down ahead of U.S. Thanksgiving. More at metronews.ca

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Do polygamy laws violate freedom?

B.C. court to review laws Bountiful case raised religious freedom questions

A B.C. court will start examining today whether Canada's polygamy laws are constitutional.

B.C. Supreme Court will hear a case that began in an obscure fundamentalist Mormon community in the province's southeast corner.

The provincial government asked the court to decide if the laws that prohibit polygamy violate the right to freedom of religion.

Last year, prosecutors in B.C. charged two leaders in Bountiful, B.C., with one count each of practising polygamy, but the charges were later thrown out.

The court is preparing to hear from more than two dozen witnesses, including former residents of Bountiful. THE CANADIAN PRESS

Ripple effect

It's a case that observers say is destined to make its way to the Supreme Court of Canada.

- Vancouver-based constitutional lawyer Ronald Skolrood, who isn't connected to the case, says the outcome could have far-reaching effects on Canada's marriage laws and will likely be appealed to the Supreme Court of Canada.
- The provincial and federal governments argue polygamy harms women and children, and men don't have a constitutional right to marry multiple wives.

New Zealand. Trapped miners

▶ Grieving family members leave after another briefing from Pike River Coal management on the 29 miners and contractors trapped underground at their Pike mine in Greymouth, New Zealand, yesterday.

ROSS SETFORD/NZPA/THE ASSOCIATED PRESS

The face of uncertainty

Underground combustion that continues to generate dangerous gases was preventing rescuers from entering a New Zealand coal mine yesterday where a powerful blast trapped 29 workers nearly two days ago. Two men emerged after the explosion Friday, but there has been no word from the 29 others.

Condom assertion not 'revolutionary': Church

The Vatican yesterday cautioned there is nothing "revolutionary" in Pope Benedict XVI's startling assertion that condom use in exceptional circumstances can be a responsible act in the fight against HIV.

The Holy See spokesman, the Rev. Federico Lombardi, stressed that the comment in a book being published tomorrow neither "reforms or changes" church teaching, which forbids use of condoms and other contraceptives.

THE ASSOCIATED PRESS

"The Pope isn't reforming or changing the teaching of the church, but reaffirming it, putting it in the context of the value and the dignity of human sexuality as expression of love and responsibility."

VATICAN SPOKESMAN REV. FEDERICO LOMBARDI

4 dead in driving-ban defiance

A Saudi police official says a young woman in her 20s defying a driving ban died along with three female friends when her car overturned.

Officials said yesterday the woman was driving her four-wheel-drive vehicle carrying 10 of her female friends on Saturday night in an open area often used by young men in car races in the capital city of Riyadh. THE ASSOCIATED PRESS

Saudi Arabia

- Saudi Arabia follows a strict interpretation of Islam. Sexes are segregated in schools and public places. Women are not allowed to drive or vote.

Family of blast victim thankful

The family of a B.C. man killed in a explosion that rocked a Mexican resort last week is thanking those who've helped them through the tragedy.

Malcolm Johnson's family says they've been "devastated" ever since the Nanaimo man died in a gas blast at the Grand Riviera Princess Resort in Playa Del Carmen November 14.

Johnson's brother-in-law Layne Pynten says the family wants to thank everyone who has reached out to them since the explosion shattered their world.

Pynten said the family also extends condolences to others who lost loved ones in the blast. Four other Canadians, including Chris Charmont of Drumheller and his son, John, 9, and Darlene Ferguson, 51, of Edmonton, were killed. Two Mexicans were also killed.

"Malcolm truly was a loving husband, a doting father, wonderful brother-in-law, great friend," said Pynten.

Pynten said the support Johnson's wife Heather and daughter Audrey have received has been unbelievable.

"It's just unwavering support, this whole community has been behind Heather and Audrey. It's unreal," said Pynten.

A fund has been set up for donations that will go toward supporting Johnson's wife and daughter. THE CANADIAN PRESS

Just Married

Marlcolm Johnson, 33, was married in Mexico just days before the explosion and died on his one-year-old daughter's birthday.

Statue. Poland

▶ Roman Catholic faithful attend the consecration of a giant statue of Jesus Christ in Swiebodzin, Poland.

PAWEL KALINOWSKI/THE ASSOCIATED PRESS

Heavenly figure a huge mistake?

Local businesspeople in Swiebodzin, Poland, hope a monument, dubbed Christ the King, will attract tourists and pilgrims and give the area an economic boost. But some Poles accuse the priest who created it of megalomania and say its grandiosity violates Jesus Christ's spirit of humility.

Good news now, bad news later?

Low interest rates point to an economy on temporary life support

Canadians could be enjoying historically low interest rates on loans for cars and homes for quite a long time, economists believe.

Since June, the Bank of Canada has been attempting to "normalize" interest rates, hiking its policy rate by one point.

But recent developments in the global economy — and to a lesser extent in Canada — have not been positive or supportive of monetary tightening, regardless of what central bankers want.

The slowing global recovery and the re-emergence of the European debt crisis has caused the TD Bank to revise its outlook on when Bank of Canada governor Mark Carney can safely resume pushing the policy rate, now at one per cent, back to the three to 3.5 per cent range analysts believe is ideal for a balanced economy.

In a note released Friday, TD says Carney is unlikely to start hiking rates until at least next July, when U.S. Federal Reserve chairman Ben Bernanke is scheduled to stop pumping billions of dollars into the economy under his controversial quantitative easing initiative.

That is good news for Canadian consumers and Canadian corporations looking to borrow cheaply.

But super-low interest rates are reminders that central bankers are more concerned with keeping the economy from crashing in the near term than with worrying about setting up conditions for a reckoning later on.

THE CANADIAN PRESS

Financial facts

Evidence of just how profoundly Canada's economy has slowed since the quick reboot that began a year ago is mounting.

- Last week, Canadians learned factory shipments shrank 1.4 per cent in volume terms in September.
- While still better than the U.S., job growth in Canada has virtually ground to a halt since June, gaining about 5,000 a month when about 15,000 is needed just to keep up with Canada's population growth.
- Europe's woes, along with those in the U.S. and China's tighter monetary policy, point to global markets drying up further.

Ireland asks for bailout

After weeks of denying it needed a bailout, Ireland, yesterday became the second European country to ask for a multibillion-euro emergency loan to help stabilize its debt-ridden banks.

Other eurozone countries and the European Central Bank had pushed Dublin to accept help after anxiety over Ireland's massive bank-bailout bill threatened to spill over to other shaky economies.

The request for help from the European Union and the International Monetary Fund is a humiliating turnaround for the Irish government, which only days ago had denied that such a package was being negotiated or was even necessary

Ireland is running a deficit of 19 billion euros.

THE ASSOCIATED PRESS

Market moment

PRICES AS OF 4 P.M. FRIDAY

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SECRET CULTURE OF HIGH SOCIETY PARTIES

In Defence Of ...

MIKE MORRISON

When rumours started swirling about Enmax's lavish and celebrity-filled parties, how many of you asked yourself, "Why don't I work at Enmax?"

Unfortunately, Mayor Nenshi misunderstood our jealously and put an end to the parties that featured the likes of Gord Downie and Tom Cochrane.

Cutting back parties during the holidays? Talk about a Grinch. To be honest, I don't care that Enmax CEO Gary Holden was hosting the parties, I'm more upset that I wasn't invited. After all, it was our tax dollars he was spending, don't we all deserve an invite?

In reality, Calgary has always had a secret culture of high society parties. Just like in high school, us "regulars" usually don't find out about these parties until months later when pictures show up in Avenue Magazine. Even if you've heard of events like Vehicles and Violins, and other parties that are disguised charity events, inflated ticket prices typically scare away the middle class. The unofficial class system of Calgary is never more evident than during Stampede with uber-exclusive events like the Stampede Roundup and the Doggie Do, which are so fancy, not even their ridiculous names can keep away the city's elite.

"Just like in high school, us 'regulars' usually don't find out about these parties until months later when pictures show up in Avenue Magazine."

During the rest of the year, residents of the Mount Royal, Crescent Heights and surrounding areas regularly get together and throw one party after another. Whether it's the Grave Gala, last week's ARTwear or the Lawson Lundell Celebrity Hors d'Oeuvres. You can't forget the Big Rock Eddies and anything at Brett Wilson's house.

I can't help but assume that this small group of people are sick of talking to each other at these events. I don't know about you, but I can only talk about my summer home in the Shuswap and condo in Arizona so much.

Don't these elite Calgarians eventually wonder what the rest of Calgary is talking about? Perhaps event planners should look at inviting a bigger variety of people to these events and fundraisers. Why not spice it up and put some tickets to these under seats on the C-train and see who finds them and shows up? Maybe donate them to strangers walking through Marlborough Mall or post it as an open event on Facebook.

Or you could just do what Nenshi really wanted in the first place and invite him. As the song always said, "Mayors just wanna have fun, oh mayors just wanna have fun."

Cartoon

BOULDER OF SISYPHUS:

MICHAEL DE ADDER

Equality: The tie that binds

Letters & Tweets

We asked: What's the secret to a successful marriage?

TORONTO. Equality (or the closest thing to it) through compromise. Relationships divided on the traditional lines of gender, income or social status will almost always put one partner at a disadvantage. To attain equality, decisions within the marriage should be discussed with an open mind and a willingness to change views.
DION DALEY

TORONTO. The secret is to not judge your partner. Always show you are loyal to them and support them. And, the most common phrase, never go to bed angry. Always solve your issues as they come. Letting them fester can cause frustration and resentment, which will lead to arguments that can cause strain in the relationship. Always being positive around your partner helps both to relax and not let small problems get in the way.
AMANPREET ATWAL

TORONTO. Love, trust, respect. For better or for worse, there's no material equivalence.
FLORDELIZA DE CASTRO

TORONTO. Commitment, honesty and responsibility will lead to a successful marriage. **HALIME CELIK**

Any advice for William and Kate?

JON SUPER/THE ASSOCIATED PRESS

What's on your Christmas wish list?

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Metro Minute at a book signing

The public is invited to a discussion and signing for the book Hope Beneath Our Feet with author Martin Keogh and local contributor Benn Gadd at Mount Royal University this evening.

The book presents a collection of essays in response to the question: "In the midst of environmental crisis, how can we live now?"

Each author attempts to offer up actions individuals can take that will benefit the greater good for generations to come.

No registration is required for the event, which begins in room J301 at 7:30 p.m. For more information, email sjakubec @mtroyal.ca.
JEREMY NOLAIS

CONTRIBUTED

▶ A discussion and signing for the book Hope Beneath Our Feet with author Martin Keogh takes place this evening at Mount Royal University.

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Northgate Centre (kiosk)
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Southgate Mall (kiosk)
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2 scene

SUBMITTED

▶ Cher stars with Christina Aguilera in Burlesque

Cher back on top with Burlesque

With a successful residency in Vegas and a new album in the works, Cher isn't slowing down ◐ New movie, Burlesque, debuts this month

NED EHRBAR
SCENE@METRONEWS.CA

After more than 45 years in the entertainment industry as a singer, actress and cultural icon, Cher has plenty to celebrate.

But is there anything she regrets not doing? "Marlon Brando," she says before bursting out laughing. She composes herself before explaining that she did meet with the legendary actor once. "I regret not... meeting him more," she explains. "It was great. We had the best time. But I was trying to make my marriage work — it didn't work anyway."

After a farewell tour that went on for three years, a successful residency in Las Vegas and a new album in the works for 2011, it's clear Cher isn't going anywhere — especially with her return to the big screen, Burlesque, debuting this month.

"I don't think I'm going any place yet. They're going to have to carry me out feet first."
CHER

As something of an elder stateswoman in the world of pop, Cher has a few opinions about how the cultural landscape has changed. "When Sonny and I first came out, I had a clothing line right away. And I don't think other people had," she says. "But now it's a different thing. You sing one song and you've got a perfume."

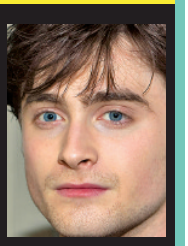
While she admits she doesn't see much more film work in her future, Cher enjoyed getting into her character for Burlesque, the owner and headliner of a nightclub on the Sunset Strip in Hollywood, noting that she and her on-screen alter ego have a lot in common.

"She has aches and pains, and so do I. She's getting older and so am I. The difference is that she's moving over so that someone else can take her place, and I'm not really ready to do that."

Eternal diva

- **Even after** more than four decades in showbiz, Cher is not going anywhere.
- **The American** recording artist and actress says she wished she saw more of another cultural icon, Marlon Brando.
- **Cher stars** alongside singer-turned-actress Christina Aguilera in new movie Burlesque.

Harry Potter



Harry Potter is on the way to his biggest magic act yet.

Harry Potter and the Deathly Hallows: Part 1 conjured up $61.2 million domestically in its first day, positioning it for the best opening weekend for the series.

Friday's haul puts Deathly Hallows on track to shoot past the franchise's previous high, a $102.7 million opening weekend for Harry Potter and the Goblet of Fire in 2005.
THE ASSOCIATED PRESS

Canadian Bieber dominates American awards

Justin Bieber's first American Music Awards was perfection.

The 16-year-old teen heartthrob from Stratford, Ont., went four-for-four last night, capturing every award he was nominated for, including the top award of the night, favourite artist. He beat a list that featured veterans Eminem and Usher as well as Katy Perry and Lady Gaga.

Bieber became the youngest person to ever win the trophy. Bieber also won favourite pop/rock album, favourite pop/rock male, and the show's breakthrough artist award.

"I can't stop smiling; this is amazing," Bieber said after he also beat Eminem and Usher for favourite pop/rock male. "Truly, I don't know how this is possible because I've been singing Eminem since I was three and Usher is my mentor. So this is big."

MATT SAYLES/THE ASSOCIATED PRESS

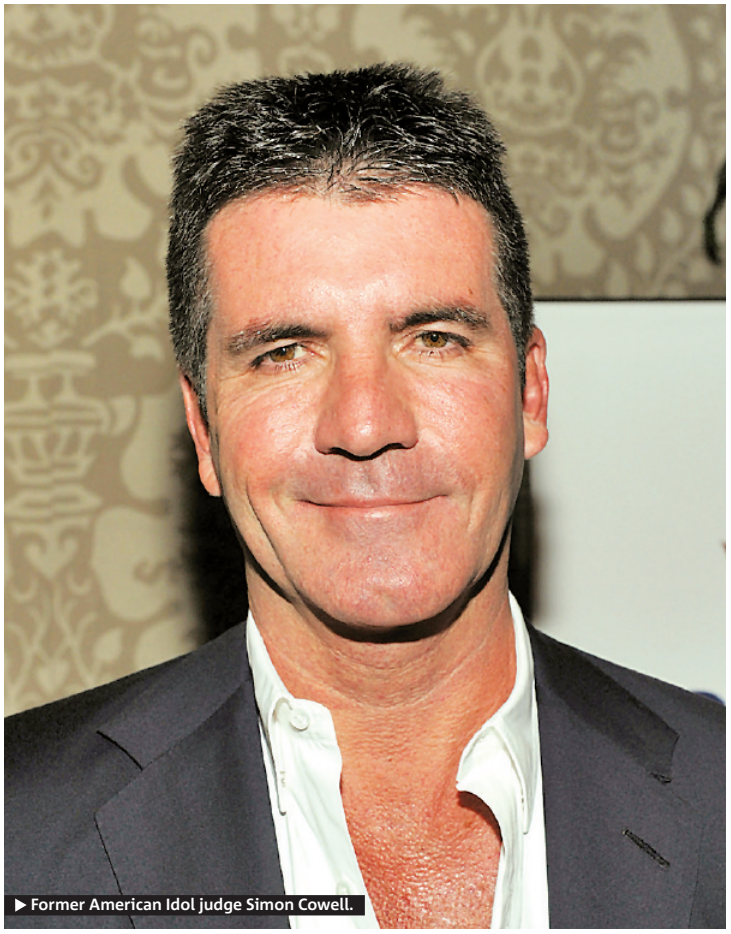
▶ Usher, left, congratulates Justin Bieber for winning the award for artist of the year.

Eminem, along with Lady Antebellum, had been the leading nominee with five awards. He didn't come up empty handed though, winning two, along with Usher, who also nabbed a pair. Lady Antebellum took home one.

Other winners at last night's ceremony at the Nokia Theatre in Los Angeles included Black Eyed Peas and Taylor Swift.
THE ASSOCIATED PRESS

Scan this code or visit metronews.ca/scene for complete coverage of last night's American Music Awards.

GETTY IMAGES



▶ Former American Idol judge Simon Cowell.

A kinder Cowell will be honoured

Britain leads at International Emmys with 9 nominations

Simon Cowell's kinder side will be spotlighted when the former American Idol judge is honoured at the 38th Annual International Emmy Awards.

Cowell, who left Idol earlier this year to launch an American version of his hit British singing competition The X Factor next year, will be presented with the International Emmy Founders Award in recognition of both his television achievements and extensive charitable work. The awards ceremony will take place Monday night at the Hilton New York Hotel.

"Here's a guy who has really changed television," said Bruce L. Paisner, president and CEO of the International Academy of Television Arts & Sciences. "He has taken the form of the television talent show, reinvented and repositioned it, and made it must-view television."

"The man is actually rather amazing in terms of the things that he supports and lends his personal presence to."
BRUCE PAISNER, CEO OF THE INTERNATIONAL ACADEMY OF TELEVISION ARTS & SCIENCES

The presentation to Cowell will be the centrepiece of the awards show, hosted by former Beverly Hills 90210 star Jason Priestley, in which 39 nominees from 15 countries will be vying in 10 categories for International Emmys, honouring excellence in TV programming outside the U.S.

British television productions garnered a leading nine nominations, including two for The Street, the BBC1 series about the lives of different residents on a road in northwest England. The Street is in contention for best drama series and best actor for Bob Hoskins for his role as a reformed alcoholic who runs a pub and stands up to the neighbourhood mobster.

Helena Bonham Carter is among the nominees for best actress for the biopic Enid, on BBC4, in which she portrayed the popular British children's writer Enid Blyton, who had a troubled personal life.

The Argentine crime miniseries Epitafios, produced by HBO Latin America, also received two nominations — for best drama series and best actor, with Leonardo Sbaraglia cited for his role as an assassin.

ASSOCIATED PRESS

TV picks

Blades finale

REALITY It's a night of finales and new beginnings in reality TV. A winner is declared on Battle of the Blades, with Shae-Lynn Bourne and Patrice Brisebois, Isabelle Brasseur and Todd Warriner, and Ekaterina Gordeeva and Valeri Bure up for the prize. The winners get $100,000 to donate to the charity of their choice. (CBC)

Skating with celebrities

REALITY Skating With The Stars debuts with a similar concept as Battle of the Blades, with the hockey goons replaced with celebrities. The likes of Motley Crue frontman Vince Neil and soap stars Rebecca Budig and Sean Young are being teamed up with pro skaters in this six-episode American reality show. (ABC, CTV)

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www.CalgaryGemShow.com

Lohan gets axed from new movie

The troubled young star will no longer be playing adult film star Linda Lovelace in the film Inferno

The next acting job Lindsay Lohan was relying on has gone away.

Inferno director Matthew Wilder tells E! News that the troubled starlet will no longer be playing adult film star Linda Lovelace in his movie.

"We have stuck by Lindsay very patiently for a long time with a lot of love and support," Wilder says.

"Ultimately, the impossibility of insuring her — and some other issues — have made it impossible for us to go forward."

A rep for Lohan says the decision was "mutual" and that Lohan is "concentrating on her recovery."

Actress Malin Akerman has reportedly already stepped in to take the role, according to Deadline Hollywood.

METRO

ALL PHOTOS: GETTY IMAGES

▶ Lindsay Lohan has been dropped from what was to be her next movie.

Celebrity tweets

Taylor Swift [@taylorswift13]
Just went shopping at at a Japanese dept and found the biggest journal/stationery section over!!! It was like heaven. Well, for me.

Diablo Cody [@diablocody]
I was so busy making cooler-than-thou jokes about Taylor Swift that I didn't notice my index finger buying every one of her new songs.

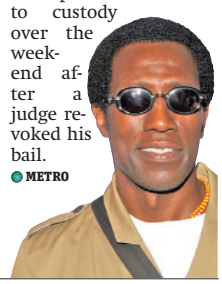
Talking points

Snipes heads to jail

TAX EVASION. After years of fighting his tax evasion conviction, Wesley Snipes has turned himself into authorities to begin serving his three-year prison sentence, according to TMZ.

Snipes was taken into custody over the weekend after a judge revoked his bail.

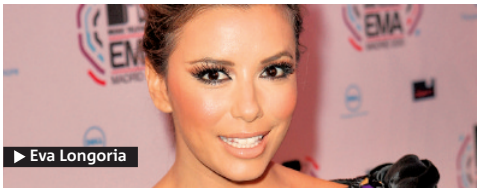
METRO



Parker on defence

After denying allegations of infidelity, Tony Parker has reportedly filed his own divorce petition against the actress, according to TMZ.

The filing reportedly claims that the couple's marriage has become "insupportable because of discord or conflict of personalities between Petitioner and Respondent that destroys the legitimate ends of the marriage relationships and prevents any reasonable expectation of reconciliation." METRO



▶ Eva Longoria

Aguilera opens up

Christina Aguilera has kept pretty quiet about her separation from husband Jordan Bratman, but she opened up about it with talk-show host Chelsea Handler.

"I'm doing good. I'm doing really good. Sometimes change is good," Aguilera says.

"I'm entering a whole different chapter of my life now with the movie and my son and being a mother and the next evolution of my life. It's going good."

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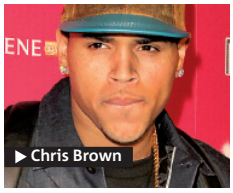
▶ Christina Aguilera

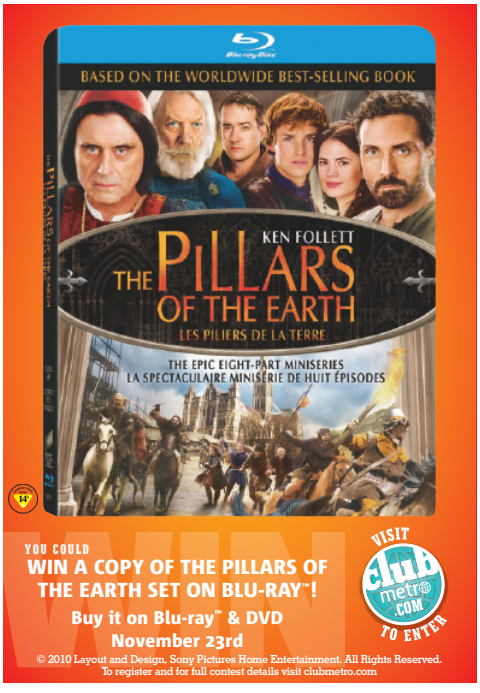


▶ Chris Brown

Brown impresses

During a probation progress report for Chris Brown's assault conviction — from clashing Rihanna in 2009 — the judge was impressed with the singer, saying of Brown, "No one has done a more consistent job than you have."

Brown has 819 hours of community service to complete. METRO



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PROS AND CONS IS IT WORTH IT? (page 30)

metro

Fantastic new species discovered

Scientists buzzing about research potential of shape-shifting marvel The creature is not yet available to the media

A team of American and Ecuadorian researchers made an accidental discovery of a stunning new species during a routine climate study in Ecuador's highland forests.

The still unnamed amphibian boasts spectacular blue skin that would look more at home in a science-fiction movie than a biology textbook, but it's the creature's shape-shifting properties that has the scientific community excited.

According to reports, the animal is capable of contorting and expanding it's body to take on dramatically different forms, returning to it's original shape at will.

Scientists are predicting that the animal's genetic makeup will lead to exciting breakthroughs in a multitude of fields ranging from cancer treatment to materials engineering.

Working hard

Dr. Joan Elsalves, a researcher contracted by Ecuador's Federal Weather Bureau, was collecting materials for a campfire when she noticed the 22-inch creature dart between bushes.

The researchers stumbled on the bug-eyed critter while setting up camp after a long hike into a highly remote area of Ecuador—perhaps the most biologically diverse country in the world and home to volcanoes, Amazon forests and the Andes Mountains. The Ecuador's Federal Weather Bureau, was collecting materials for a campfire when she noticed the 22-inch creature dart between bushes. Enthralled by it's bright blue skin, she decided to chase and eventually capture the animal. She realised she had found something unusual.

Honey bees on

your hair

News worth sharing.

3 life

Beat the bugs

If you don't want your family to fall victim to the flu this year, it's time to take preventive measures.

1. Wash your hands frequently. Viruses and bacteria are spread by contact, and can be picked up from doorknobs and other surfaces.

2. Avoid people who have colds or the flu. At the office or school, get people who are ill to stay home.

3. Fortify your immune system with vitamin D. Known as a bone-strengthening nutrient, research shows vitamin D is also a powerful immune booster.

4. Get plenty of sleep. A tired body has a more difficult time fighting off invaders like viruses.

5. Eat colourful foods. Antioxidant-rich fruits and veggies also support immune health and are excellent sources of vitamins, minerals and fibre.

NEWS CANADA

Elvis' stepbrother brings God and the King to the masses.

With her trademark humour, Sedaris' new book roasts the 1970s-era earnestness often associated with crafting Despite the book's irreverence, Sedaris hopes it will inspire readers to remember the crafts they once loved

AP PHOTO/GRAND CENTRAL PUBLISHING

The Painted Rocks project from Simple Times

AP PHOTO/GRAND CENTRAL PUBLISHING

Stars made with marshmallows, toothpicks and glitter

AP PHOTO/GRAND CENTRAL PUBLISHING

Mexican Sugar Skulls project from Simple Times

Amy Sedaris gets crafty in Simple Times

Amy Sedaris grew up making crafts, but that doesn't mean she has to like them.

"I hate crafts," Sedaris said with an upbeat grin as she kicked off a book tour to promote Simple Times: Crafts for Poor People – the tongue-in-cheek guide she wrote with collaborator Paul Dinello.

With her trademark humour, Sedaris roasts the 1970s-era earnestness often associated with crafting, with chapters such as Crafting for Jesus, and Teenagers Have a Lot of Pain. But she also offers plenty of inventive ideas, and conveys warmth and knowledge about her subject.

Sedaris grew up making crafts in North Carolina with her family, including her brother, the humour writer David Sedaris.

"At Christmas, we would make all of our ornaments out of papier-mache and Styrofoam balls and things like that," she said. She continued to craft throughout her teens as a Girl Scout and member of Junior Achievement, selling handmade items door to door.

"The whole point of the book is that if you have a hobby, or had a hobby, get back into it."
AMY SEDARIS

Still, after a year of incessant crafting for the book, the only project she still can stand is weaving simple pot holders out of cotton loops.

"I make those when I'm on an airplane or when I'm watching TV because it prevents me from biting my fingernails," she said. "I sell them when I'm travelling."

Sedaris, a TV and movie actress perhaps best known for her Comedy Central series Strangers with Candy, is also a baker who has sold homemade cupcakes and cheese balls out of bakeries and coffee shops in New York. (She now makes them upon request.)

The idea for a crafting book grew out of her previous book, I Like You: Hospitality Under the Influence, a humorous guide to entertaining, published in 2006. It ended with a crafts section, and "I didn't have much room for it," she said. "So I had in the back of my head that maybe one day I'll do a crafts book."

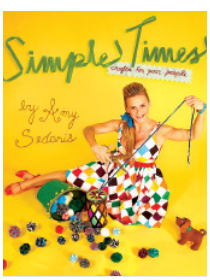
After the chapters were decided on, Sedaris transformed her apartment in New York's West Village into a workshop for hundreds of projects.

Collaborators included comedian Stephen Colbert, who showed how to make a pin out of pieces of broken china found on a beach, and designer Todd Oldham, who made a tinfoil bracelet — one of Sedaris' favourite pieces in the book.

A section on "out of this world" crafts was inspired by Neil Patrick Harris, a magic aficionado and Sedaris' co-star in an upcoming movie, The Best and the Brightest. It includes an alien mask made out of a pasta box, and stars made with marshmallows and toothpicks covered with glitter.

THE ASSOCIATED PRESS

Simple Times



Sedaris spent a year coming up with quirky chapter themes, such as crafts for people with various handicaps (Handicraftible).

- Those with anger issues are encouraged to distress a wooden box with scissors, "randomly stabbing it like you would a lover who has spurned you."
- A section on nature crafts offers instructions on making a worm composting bin, as well as nature-inspired recipes for mint juleps and stuffed mushrooms.
- The book includes a chapter on crafts that can be done by the poor.

Easy gluten-free cranberry loaf

THE CANADIAN PRESS

▶ This cranberry-almond loaf is gluten-free.

Preparation:

1. In a large bowl, blend almond butter, olive oil and eggs with a handheld mixer until smooth.
2. In a medium bowl, combine arrowroot powder, salt and baking soda. Blend arrowroot mixture into wet ingredients until thoroughly combined. Fold in apricots, cranberries, seeds and sliced almonds.
3. Grease a 1.5-l (3 1/2-by-7 1/2-by-2 1/4-inch) loaf pan with olive oil. Dust with almond flour. Pour batter into loaf pan and sprinkle remaining sliced almonds on top.
4. Bake in a 180 C (350 F) oven for 40 to 50 minutes or until a knife inserted into centre comes out clean. Let bread cool in pan for 1 hour.
5. Store in cool place until ready to serve, or wrap for a holiday bake sale. Makes one loaf.

Ingredients:

- 175 ml (3/4 cup) creamy roasted almond butter, room temperature
- 30 ml (2 tbsp) olive oil
- 3 large eggs
- 50 ml (1/4 cup) arrowroot powder
- 5 ml (1 tsp) salt
- 1 ml (1/4 tsp) baking soda
- 50 ml (1/4 cup) dried apricots, chopped into 5 mm (1/4 inch) pieces
- 125 (1/2) cup dried cranberries
- 50 ml (1/4 cup) sesame seeds
- 50 ml (1/4 cup) sunflower seeds
- 50 ml (1/4 cup) pumpkin seeds
- 50 ml (1/4 cup) sliced almonds, plus 30 ml (2 tbsp) to sprinkle on top

Avocado blueberry salad

THE CANADIAN PRESS

▶ This avocado blueberry salad makes for a light lunch.

Preparation:

1. Cut avocados in half and remove pits. Remove peel and slice thinly.
2. Arrange slices on a large plate. Drizzle with lime juice and sprinkle with salt.
3. Combine wild blueberries, cottage cheese and honey. Add cayenne, if using. Dollop over avocado slices and top with sprouts before serving.

Ingredients :

- 4 small avocados
- 30 ml (2 tbsp) lime juice
- pinch salt
- 300 ml (1 1/4 cup) frozen wild blueberries
- 250 ml (1 cup) 1 per cent cottage cheese
- 5 ml (1 tsp) honey
- pinch cayenne pepper (optional)
- 250 ml (1 cup) alfalfa sprouts

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World cocoa crisis?

Chocolate could be as rare and expensive as caviar in 20 years: Experts But fair trade and technology could prevent a global chocolate crisis

CÉLIA PEDROSO
METRO WORLD NEWS

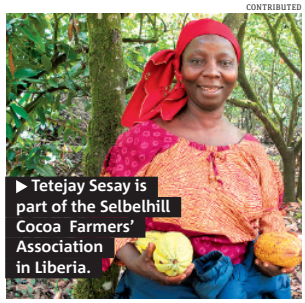
The disturbing news spread like wildfire in forums and Web sites across the Internet: chocolate could be extremely rare and pricey in 20 years' time, experts claim.

Despite this, the World Cocoa Foundation (WCF), a leading industry group in promoting sustainable cocoa farming, doesn't believe that prediction has to become reality and is helping farmers, in partnership with businesses, governments and research institutes, with the tools they need to succeed.

The startling revelation about chocolate gathered strength just last week when John Mason, founder of the Ghana-based Nature Conservation Research Council, told British newspaper the Independent that shortages in production in Africa — which produces around 70 per cent of world's cocoa — will have worrying consequences.

However, Bill Guyton, the president of the WCF, is more optimistic. "While we understand the research data indicating that cocoa could become a rarity in 20 years time, the WCF does not believe that prediction has to become reality."

CONTRIBUTED



▶ Tetejay Sesay is part of the Selbelhill Cocoa Farmers' Association in Liberia.

But in order to meet the growing demand for chocolate products, farmers must get better conditions, says Guyton.

"Cocoa farming will need to become more professionalized and the social, economic and environmental conditions for the millions of small-scale farmers who grow the crop in West Africa, Latin America and Southeast Asia need to be improved."

On a recent trip to West Africa, Guyton visited a farmer who, having completed technical training, was producing nearly two tons per hectare by using improved planting materials, proper tree spacing, fertilizers and pest controls.

"This is nearly three times the national averages of most cocoa-producing countries. That is just one example of our efforts to improve cocoa farm production and the living standards of those who grow the crop. To date, WCF has reached some 420,000 farmers with improved cultivation techniques resulting in yield and income improvements of as much as 20 to 40 per cent."

BRIGHT IDEAS

Question: I'm considering switching to LED holiday lights to decorate my house this year. If I decide to switch, what do I do with the old tangled string of lights?

Chris of Vancouver

Making the switch to more energy-efficient LED (light-emitting diode) holiday lights is an excellent tradition to establish this year.

LEDs use 90 per cent less energy, last 10 times longer, and are more durable because they don't have filaments or glass bulbs like traditional lights. Where they don't differ much is in the price. You might also want to purchase a timer to save even more money on your utility bill.

As for recycling that old string of lights, you have a few options.

Most regional recycling facilities can help. Find out what you can recycle in your area by contacting the BC Recycling Council at 1-800-667-4321. In 2009, for example, BC Hydro set up an incandescent light-string recycling program in the Lower Mainland during the Bright Nights in Stanley Park seasonal event.

No matter where you live, you can visit the website of your utility provider to see if it is hosting a similar local event. Various retailers, such as Home Depot, have also hosted holiday light exchanges in the past. Find out if your local hardware store is collecting old strings.

Some stores will even reward your recycling and energy-saving efforts by offering discounts on LED options.

Holiday LEDs is an e-commerce company that offers a program to recycle your lights. It's free, but you will have to pay to ship the lights to Michigan.

Consider getting together with friends or family and put together one parcel. In 2009/2010 Holiday LEDs recycled about 4,500 kilograms of old lights. Find the company online at HolidayLEDs.com or visit its Facebook page.

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LEADING THE FIGHT AGAINST VIOLENCE

TurningPoint

TERESA KRUZE

TURNINGPOINTMEDIA.CA

The gunshot exploded through the night air, smashing the glass of the sandwich shop and shattering the spine of Louise Russo.

She had stopped to get her daughter a late-night snack and now she was lying on the floor bleeding and unable to move.

Months of surgery and therapy followed. She was alive but facing a new world filled with wheelchairs, health issues, a devastated family and the continued care of a special needs child.

Through the dark days of her despair came a moment of inspiration. "I wanted to turn a horrible tragedy into something positive."

Russo was injured by an underworld hit gone wrong. Since children and youth were her passion, she decided to reach out to communities torn apart by violent crime.

Since 2006 she has hosted two public walks against violence, talked to over 30,000 students in schools, and created the Louise Russo Youth and Leadership Awards.

Her message is clear. "Young people need to believe in themselves and realize their voices do count."

The gentle, shy and unassuming Louise Russo has become the face and force of an anti-violence movement in Canada. Now it's time to help and lend your voice to the cause.

Applications are being accepted from across Canada for the 2011 Youth and Leadership Awards. They're looking for young people between the ages of nine and 19 who have shown leadership to reduce violence in their communities.

Do you know someone? Is it you? Take a stand against violence with Louise Russo and make it a turning point for you and your community.

Youth gun violence rising

- Since 2002, youth accused of a gun-related offence has risen 32 per cent.
- Highest rates of overall gun violence in Canada is Vancouver, Winnipeg and Toronto.
- Youth gun violence is highest in Toronto and Saskatoon.

SOURCE: STATS CAN

PHOTO CREDIT: LUCAS OLENIUK-TORONTO STAR

▶ Louise Russo has become the face and force of an anti-violence movement in Canada.

Exceptional youth

The Louise Russo Youth and Leadership Awards are open to nine- to 19-year-olds who:

1. Demonstrate respect for others and responsibility to their schools and community.
2. Have been involved in leading a project that made a change in their community or school.
3. Have inspired others to continue with a good works initiative.

Applications can be downloaded from the Louise Russo W.A.V.E. (Working Against Violence Everyday) website: louiserussowave.ca.

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According to an RBC poll, 35 per cent of students plan to rely on scholarships and/or bursaries to support themselves while in school.

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• RBC awards more than $300,000 in scholarships. Explore all financial options by visiting rbcroyalbank.com/scholarships/

• Student Awards helps students find information on scholarships, bursaries, grants and other forms of financial assistance. It also offer unique scholarships to online members that are available at studentawards.com

• Canadian Merit Scholarship Foundation is for students with outstanding academic and leadership excellence. Visit cmsf.ca

• McGraw-Hill Ryerson Student Scholarship Award is designed to celebrate student learning and success in post-secondary education.

Visit mcgrawhill.ca/microsites/scholarships/apply.php

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Lessen financial worries

Working while in school may be a reality for many post-secondary students.

According to an RBC poll, 57 per cent of students plan to support themselves by working during the school year.

Furthermore, one quarter of these students say that 75 per cent of their summer earnings will go toward the cost of school.

"Scholarships are a great way to receive some well earned money to help you meet your goals and to allow you to attend the university or college you've always dreamed of," said Patricia Domingo, an investment planner at RBC.

It's important that students are aware of the sources of funding available to them, including:

Scholarships

There are hundreds of scholarships available to students to help pay for school. Research and determine what scholarships you are qualified for and best fit your specific needs.

▶ There are a number of ways to help pay for your degree.

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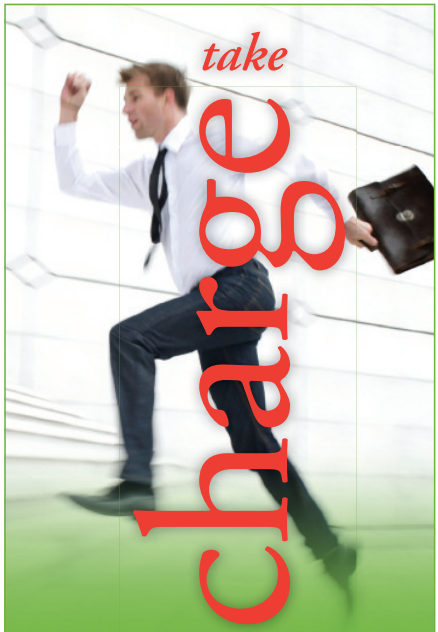

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Flames can't hold lead

5	4
RED WINGS	FLAMES

Third-period rallies are becoming routine for the Detroit Red Wings.

Henrik Zetterberg tied it on a power play with 3.2 seconds left in regulation and goalie Jimmy Howard off for an extra attacker, and Nicklas Lidstrom scored at 1:38 of overtime to give the Detroit Red Wings a 5-4 victory over the Calgary Flames yesterday.

Detroit, which trailed 4-2 midway through the second period against the Flames, rallied to take a lead late in the third period Friday night in a 4-3 overtime loss to the Minnesota Wild and scored four goals in the third period Wednesday night in a 7-3 victory over the St. Louis Blues

"It felt good to come back. We've been behind a few games this year and found a way to turn it around," Zetterberg said. "It's nice when it happens."

He had two goals, Lidstrom added two assists, and Pavel Datsyuk had a goal and two assists. Johan Franzen also scored for the Red Wings. Brian Rafalski had three assists and Howard made 23 saves.

"We had lots of players that did some good things. We were fortunate," Detroit coach Mike Babcock said. "You can't play many nights like this and win."

Jarome Iginla had two goals and an assist and Niklas Hagman and Alex Tanguay also scored for Calgary. Miikka Kiprusoff stopped 33 shots. Iginla has five goals and an assist in his last two games.

"We got a point but we certainly should have had two tonight," Flames coach Brent Sutter said.

Calgary's Robin Regehr was helped off the ice with 6:51 left in regulation after he tried to check Mike Modano, but missed and went into the boards awkwardly. THE ASSOCIATED PRESS

Defeat leaves a bitter taste

- 13 penalties help sink Stampeders' hopes of reaching Grey Cup
- Dwight Anderson left fuming after pair of pass interference calls

JEFF MCINTOSH/THE CANADIAN PRESS

▶ Saskatchewan's Luc Mullinder brings down Calgary quarterback Henry Burris yesterday.

20	16
RIDERS	STAMPS

A lack of discipline and a lack of finish sank the Calgary Stampeders.

The Saskatchewan Roughriders beat the favoured Stampeders 20-16 in the CFL West final yesterday, and the emotions in the Calgary locker-room after the game ranged from disappointment to anger at the officiating.

"This one is going to sting for a while," said Calgary head coach John Hufnagel.

"It's very disappointing. In the first half we had too many penalties, which was killing us on both sides of the football. In the second half we moved the ball, but when we got across the line we weren't able to finish," he added.

The Stampeders were assessed 13 penalties for 92 yards compared to just five penalties for 15 yards called against Saskatchewan.

The angriest player in the Calgary dressing room was defensive back Dwight Anderson, who was nailed twice for pass interference. Anderson wasn't willing to give any credit to Saskatchewan's receiving corps.

"You line up any one of their receivers against me one on one and I shut them down period, and there ain't one of them better than me," said Anderson.

"I'm better than half of these dudes over here straight up and at the end of the day (CFL director of officiating) Tom Higgins, you got what you want."

Other Stampeders felt the players only had themselves to blame for missing out on the Grey Cup final.

"We didn't get it done. That's the pitiful thing. We didn't get it done. Not enough people got it done," said wide receiver Nik Lewis.

"It is what it is. We didn't make enough plays and it's pitiful. I look around this room and see all the talent and then to lose," he said, shaking his head. THE CANADIAN PRESS

Als hammer Argos to take East title

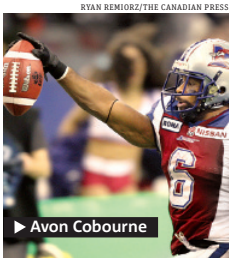
48	17
MONTREAL	TORONTO

Avon Cobourne led the Montreal charge with a touchdown and a dominant rushing and receiving performance as the Alouettes rolled to a 48-17 victory over the Toronto Argonauts in the CFL East Division final yesterday afternoon.

Jamel Richardson, with two long TD grabs, and Adrian McPherson also scored, Tim Maypray got one on a punt return, and Jerald Brown got another on an interception return before 58,021 at Olympic Stadium.

Damon Duval added two field goals for Montreal, which advanced to the Grey Cup game for a third year in a row and an eighth time since 2000. They will face the Roughriders next Sunday in Edmonton.
THE CANADIAN PRESS

RYAN REMIORZ/THE CANADIAN PRESS



▶ Avon Cobourne

4 sports

Sports in brief

1 Titans QB Vince Young has a torn flexor tendon in his right thumb and may need season-ending surgery.

2 Jimmie Johnson won his record fifth straight Sprint Cup title.

3 A person with knowledge of the situation says the New York Mets have hired Terry Collins as their manager.
THE ASSOCIATED PRESS

Scan code for more sports

NHL

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Washington	21	14	5	1	1	74	59	30	10-1-0-1	4-4-1-0	7-1-1-1	L2
d-Philadelphia	21	13	6	2	0	75	53	28	8-4-0-0	5-2-2-0	7-2-1-0	W1
d-Montreal	20	13	6	1	0	51	39	27	7-4-1-0	6-2-0-0	6-4-0-0	W1
Boston	18	11	5	0	2	54	35	24	4-4-0-2	7-1-0-0	5-3-0-2	L1
Tampa Bay	20	11	7	2	0	62	64	24	4-2-1-0	7-5-1-0	4-5-1-0	W3
Pittsburgh	21	11	8	2	0	66	57	24	5-5-1-0	6-3-1-0	6-3-1-0	W2
NY Rangers	21	11	9	1	0	63	59	23	4-6-1-0	7-3-0-0	5-5-0-0	W1
Atlanta	21	9	9	1	2	68	73	21	5-5-0-1	4-4-1-1	4-5-0-1	W2
Carolina	20	9	9	0	2	63	68	20	5-3-0-1	4-6-0-1	4-4-0-2	L2
Ottawa	20	9	10	1	0	49	65	19	5-4-0-0	4-6-1-0	5-5-0-0	L3
Buffalo	22	8	11	3	0	58	68	19	3-7-1-0	5-4-1-0	5-4-1-0	L1
Florida	18	9	9	0	0	50	45	18	5-2-0-0	4-7-0-0	6-4-0-0	W1
Toronto	19	7	9	1	2	43	54	17	5-4-1-1	2-5-0-1	2-6-0-2	L1
New Jersey	20	5	13	1	1	36	65	12	1-5-1-1	4-8-0-0	3-6-0-1	L3
NY Islanders	20	4	12	2	2	44	71	12	2-4-0-1	2-8-2-1	0-8-1-1	L13

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Detroit	18	13	3	1	1	66	48	28	9-1-1-1	4-2-0-0	8-1-1-0	W1
d-Los Angeles	19	13	6	0	0	59	46	26	8-1-0-0	5-5-0-0	7-3-0-0	W1
d-Colorado	20	12	7	1	0	72	60	25	6-4-0-0	5-4-1-0	7-3-0-0	W4
St. Louis	19	11	5	1	2	52	51	25	8-0-0-1	3-5-1-1	6-3-0-1	W2
Phoenix	20	10	5	4	1	57	59	25	4-2-2-1	6-3-2-0	7-1-1-1	W6
Columbus	18	12	6	0	0	53	44	24	5-5-0-0	7-1-0-0	7-3-0-0	W3
Chicago	23	11	10	1	1	71	67	24	5-7-0-0	6-3-1-1	4-5-0-1	W1
Vancouver	20	10	7	1	2	58	56	23	6-2-0-1	4-5-1-1	5-4-1-0	L4
Anaheim	23	10	10	2	1	57	69	23	7-3-0-1	3-7-2-0	5-3-2-0	L5
Minnesota	19	10	7	0	2	46	47	22	6-4-0-1	4-3-0-1	5-5-0-0	L1
San Jose	19	9	6	4	0	55	52	22	6-3-2-0	3-3-2-0	4-3-3-0	L3
Dallas	18	10	7	0	1	56	53	21	7-3-0-1	3-4-0-0	5-4-0-1	L1
Nashville	18	9	6	3	0	47	49	21	3-1-3-0	6-5-0-0	4-6-0-0	W2
Calgary	19	8	10	1	0	58	59	17	5-5-0-0	3-5-1-0	2-7-1-0	L1
Edmonton	19	5	10	1	3	49	77	14	2-5-0-1	3-5-1-2	2-6-1-1	W1

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Yesterday's results
Atlanta 2 N.Y. Islanders 1 (OT)
Detroit 5 Calgary 4 (OT)
Edmonton 4 Anaheim 2
Phoenix 3 Vancouver 2
Saturday's results
Montreal 2 Toronto 0
Chicago 7 Vancouver 1
Colorado 4 Dallas 3 (SO)
Columbus 3 San Jose 0
Nashville 2 Carolina 1 (SO)
Florida 4 N.Y. Islanders 1
Los Angeles 4 Boston 3 (SO)
N.Y. Rangers 5 Minnesota 2
Philadelphia 5 Washington 4 (SO)
St. Louis 3 New Jersey 2
Tampa Bay 2 Buffalo 1
Tonight's games
(All times Eastern)
Dallas at Toronto, 7 p.m.
Washington at New Jersey, 7 p.m.
Calgary at N.Y. Rangers, 7 p.m.
Montreal at Philadelphia, 7 p.m.
Nashville at Columbus, 7 p.m.
Los Angeles at Ottawa, 7:30 p.m.
Boston at Tampa Bay, 7:30 p.m.
Pittsburgh at Florida, 7:30 p.m.
Tomorrow's game
Edmonton at Phoenix, 9 p.m.

RED WINGS 5, FLAMES 4 (OT)

First Period
1. Detroit, Franzen 9 (Rafalski, Lidstrom) 1:56 (pp)
2. Calgary, Hagman 6 (Iginla) 5:21
Penalties — Regehr Cal (interference) 0:55, Jackman Cal (boarding) 7:07, Giordano Cal (holding) 10:38, Hagman Cal (holding) 17:38.
Second Period
3. Calgary, Iginla 7 (Stajan) 0:54
4. Calgary, Iginla 8 (Tanguay) 4:09 (pp)
Penalties — Bertuzzi Det (holding) 3:26, Backlund Cal, Abdelkader Det (roughing) 19:48.
Third Period
5. Detroit, Datsyuk 7 (Lidstrom, Rafalski) 2:28 (pp)
6. Calgary, Tanguay 6, 7:14
7. Detroit, Zetterberg 6 (Datsyuk, N.Kronwall) 11:04
8. Detroit, Zetterberg 7 (Datsyuk, Rafalski) 19:56 (pp)
Penalties — Sarich Cal (hooking) 1:53, Bertuzzi Det (interference, unsportsmanlike conduct) 8:02, Hagman Cal (slashing) 9:28, Stajan Cal (holding) 15:29, Iginla Cal, Abdelkader Det (unsportsmanlike conduct), Bouwmeester Cal (interference) 18:04.
Overtime
9. Detroit, Lidstrom 3 (Helm, Bertuzzi) 1:38
Penalties — None.
Shots

Calgary	6	13	8	0—27
Detroit	9	11	14	4—38

Goal — Calgary: Kiprusoff (L,7-9-1); Detroit: Howard (W,11-1-2). **Power plays (goals-chances)** — Calgary: 1-3; Detroit: 3-7.
Att. — 19,636 (20,066) at Detroit.

OILERS 4, DUCKS 2

First Period
No Scoring.
Penalties — Brule Edm (slashing) 5:14, Voros Ana (roughing) 14:18, Edmonton bench (too many men; served by Paajarvi) 17:06.
Second Period
1. Edmonton, Gagner 5 (Hemsky, Penner) 6:48
2. Edmonton, Hall 4 (Whitney, Horcoff) 8:29
3. Anaheim, Ryan 9 (Fowler, Visnovsky) 16:33 (pp)
4. Anaheim, Koivu 9 (Sexton, Blake) 16:55
Penalties — Foster Edm (holding) 2:00, Fowler Ana (tripping) 3:30, Whitney Edm (holding) 13:56, Peckham Edm (delay of game) 16:25.
Third Period
5. Edmonton, Hemsky 6 (Penner, Gilbert) 13:29
6. Edmonton, Gilbert 3, 19:43 (en)
Penalty — Sutton Ana (holding) 10:15.
Shots

Edmonton	4	14	7	25
Anaheim	19	13	8	40

Goal — Edmonton: Dubnyk (W,1-0-3); Anaheim: Hiller (L,8-8-2).
Power plays (goals-chances) — Edmonton: 0-3; Anaheim: 1-5.
Referees — Mike Leggo, Stephen Walkom.
Linesmen — Brad Kovachik, Jean Morin.
Attendance — 14,267 (17,174).

COYOTES 3, CANUCKS 2

First Period
No Scoring.
Penalties — Hansen Vcr (hooking) 11:39, Rome Vcr (holding) 15:09.
Second Period
1. Phoenix, Upshall 5 (Yonkman) 2:22
2. Phoenix, Pyatt 2 (Schlemko) 6:07
3. Vancouver, Ehrhoff 3 (Raymond, Burrows) 8:51
4. Vancouver, Glass 2 (Schaefer, Alberts) 14:13
Penalties — None.
Third Period
5. Phoenix, Pyatt 3 (Yandle, Stempniak) 5:52
Penalty — Kesler Vcr (slashing) 0:35.
Shots

Phoenix	8	7	12	27
Vancouver	10	10	8	28

Goal — Phoenix: Bryzgalov (W,9-2-5); Vancouver: Luongo (L,7-7-2). **Power plays (goals-chances)** — Phoenix: 0-3; Vancouver: 0-0.
Att. — 18,860 (18,810) at Vancouver.

SCORING LEADERS

	G	A	PT
Stamkos, TB	19	16	35
Crosby, Pgh	14	19	33
St. Louis, TB	8	19	27
Semin, Wash	14	12	26
Ovechkin, Wash	10	16	26
D.Sedin, Vcr	12	12	24
C.Stewart, Col	11	13	24
B.Richards, Dal	9	15	24
H.Sedin, Vcr	2	22	24
Giroux, Pha	11	12	23
Perry, Ana	10	13	23
Roy, Buf	9	14	23
E.Staal, Car	9	14	23
M.Richards, Pha	8	15	23
Sharp, Chi	12	10	22
P.Kane, Chi	8	14	22
Selanne, Ana	8	14	22
Backstrom, Wash	7	15	22
Hejduk, Col	7	15	22
Eriksson, Dal	9	12	21
J.Williams, LA	9	12	21
Getzlaf, Ana	7	14	21
P.Stastny, Col	8	12	20
Malkin, Pgh	7	13	20
Plekanec, Mtl	7	13	20
Liles, Col	3	17	20

Not including last night's games

CFL

PLAYOFFS

WEEK 21
Yesterday's results
Division Finals
East Division
Montreal 48 Toronto 17
West Division
Saskatchewan 20 Calgary 16
WEEK 22
Sunday, Nov. 28
98th Grey Cup
At Edmonton
Montreal vs. Saskatchewan, 6:30 p.m

TRANSACTIONS

HOCKEY

NHL

MINNESOTA WILD—Reassigned D Marco Scandella to Houston (AHL).
PHILADELPHIA FLYERS—Acquired F Rob Bordson and D Danny Syvret from Anaheim for F Patrick Maroon and F David Laliberte.
TAMPA BAY LIGHTNING—Reassigned F Johan Harju and D Mike Vernace to Norfolk (AHL).

ECHL

ELMIRA JACKALS—Announced F Ryan Hiller has been recalled by Syracuse (AHL).
READING ROYALS—Announced F Mikhail Stefanovich has been assigned to the team from Toronto (AHL).

NBA

EASTERN CONFERENCE

ATLANTIC DIVISION

	W	L	Pct	GB
Boston	9	4	.692	—
New York	6	8	.429	3½
Toronto	5	9	.357	4½
New Jersey	4	9	.308	5
Philadelphia	3	10	.231	6

SOUTHEAST DIVISION

	W	L	Pct	GB
Orlando	9	3	.750	—
Atlanta	8	5	.615	1½
Miami	8	5	.615	1½
Charlotte	5	8	.385	4½
Washington	4	8	.333	5

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	7	4	.636	—
Indiana	5	6	.455	2
Cleveland	5	7	.417	2½
Detroit	5	8	.385	3
Milwaukee	5	8	.385	3

WESTERN CONFERENCE

SOUTHWEST DIVISION

	W	L	Pct	GB
New Orleans	11	1	.917	—
San Antonio	11	1	.917	—
Dallas	8	4	.667	3
Memphis	5	9	.357	7
Houston	3	9	.250	8

NORTHWEST DIVISION

	W	L	Pct	GB
Oklahoma City	9	4	.692	—
Utah	9	5	.643	½
Portland	8	6	.571	1½
Denver	7	6	.538	2
Minnesota	4	10	.286	5½

PACIFIC DIVISION

	W	L	Pct	GB
L.A. Lakers	12	2	.857	—
Golden State	7	6	.538	4½
Phoenix	6	7	.462	5½
Sacramento	4	8	.333	7
L.A. Clippers	1	13	.071	11

Yesterday's results
Toronto 102 Boston 101
New Orleans 75 Sacramento 71
Detroit 115 Washington 110 (OT)
L.A. Lakers 117 Golden State 89
Saturday's results
Charlotte 123 Phoenix 105
Orlando 90 Indiana 86
Memphis 97 Miami 95
Dallas 98 Atlanta 93
Oklahoma City 82 Milwaukee 81
San Antonio 116 Cleveland 92
Denver 107 New Jersey 103
Utah 103 Portland 94
New York 124 L.A. Clippers 115
Tonight's games
(All times Eastern)
Boston at Atlanta, 7 p.m.
Indiana at Miami, 7:30 p.m.
Minnesota at Oklahoma City, 8 p.m.
Phoenix at Houston, 8:30 p.m.
Orlando at San Antonio, 8:30 p.m.
Sacramento at Utah, 9 p.m.
Denver at Golden State, 10:30 p.m.
New Orleans at L.A. Clippers, 10:30 p.m.

RAPTORS 102, CELTICS 101

BOSTON (101)
Pierce 5-10 9-13 19, Garnett 6-12 0-0 12, S.O'Neal 2-8 4-4 8, Robinson 8-14 3-4 22, Allen 6-14 5-7 19, G.Davis 3-6 6-8 12, Erden 0-1 0-0 0, West 2-2 1-2 5, Daniels 2-4 0-0 4. Totals 34-71 28-38 101.
TORONTO (102)
Weems 8-20 0-0 16, Evans 3-5 3-5 9, Bargnani 9-20 9-13 29, Calderon 4-10 2-3 11, DeRozan 2-8 2-3 6, Johnson 4-5 9-9 17, Kleiza 1-2 0-0 2, Barbosa 3-6 5-6 12. Totals 34-76 30-39 102.

Boston	31	27	17	26	101
Toronto	23	38	21	20	102

3-Point Goals—Boston 5-13 (Robinson 3-6, Allen 2-5, Pierce 0-2), Toronto 4-15 (Bargnani 2-6, Calderon 1-2, Barbosa 1-3, Weems 0-4). Fouled Out—S.O'Neal. Rebounds—Boston 47 (Allen, Garnett 8), Toronto 51 (Evans 16). Assists—Boston 17 (Pierce 5), Toronto 16 (Barbosa 5). Total Fouls—Boston 28, Toronto 27. Technicals—Boston defensive three second, Calderon, Evans, Toronto defensive three second. A—17,707 (19,800) at Toronto.

SCORING AVERAGE

	G	FG	FT	PTS	AVG
Durant, OKC	11	101	88	308	28.0
Ellis, GOL	12	127	61	332	27.7
Bryant, LAL	13	113	94	339	26.1
Rose, CHI	11	109	45	277	25.2
Nowitzki, DAL	12	112	64	293	24.4
Anthony, DEN	13	117	73	317	24.4
Martin, HOU	12	80	100	285	23.8
Westbrook, OKC	13	95	111	305	23.5
James, MIA	13	102	88	304	23.4
Gordon, LAC	12	93	83	280	23.3
Stoudemire, NYK	14	119	81	324	23.1
Wade, MIA	12	91	82	275	22.9

Not including last night's games

SOCCER

MLS PLAYOFFS

THIRD ROUND

Championship
MLS Cup
At Toronto
Last night's result
Colorado 2 FC Dallas 1 (extra time)

ENGLAND

PREMIER LEAGUE

Team	GP	W	D	L	GF	GA	Pts
Chelsea	14	9	1	4	28	9	28
Man United	14	7	7	0	28	15	28
Arsenal	14	8	2	4	28	15	26
Man City	14	7	4	3	19	11	25
Bolton	14	5	7	2	26	20	22
Tottenham	14	6	4	4	21	19	22
Sunderland	13	4	7	2	15	13	19
Stoke	14	6	1	7	18	18	19
Liverpool	14	5	4	5	16	17	19
Newcastle	14	5	3	6	22	21	18
Blackburn	14	5	3	6	17	18	18
Blackpool	14	5	3	6	21	27	18
Aston Villa	14	4	5	5	15	20	17
Birmingham	14	3	7	4	15	17	16
West Brom	14	4	4	6	16	25	16
Everton	13	3	6	4	14	13	15
Fulham	14	2	8	4	14	17	14
Wigan	14	3	5	6	10	23	14
Wolverhampton	14	2	3	9	14	25	9
West Ham	14	1	6	7	11	25	9

Yesterday's results
Blackburn 2 Aston Villa 0
Fulham 1 Manchester City 4

GERMANY

BUNDESLIGA

Yesterday's results
Stuttgart 0 Cologne 1
St. Pauli 1 Wolfsburg 1

SPAIN

LA LIGA

Yesterday's results
Osasuna 1 Sporting Gijon 0
Espanyol 3 Hercules 0
Levante 3 Racing Santander 1
Deportivo La Coruna 3 Malaga 0
Sevilla 2 Mallorca 1
Real Sociedad 2 Atletico Madrid 4

ITALY

SERIE A

Yesterday's results
Genoa 0 Juventus 2
Brescia 1 Cagliari 2
Catania 1 Bari 0
Cesena 1 Palermo 2
Chievo Verona 2 Inter Milan 1
Lecce 2 Sampdoria 3
Parma 1 Lazio 1
Napoli 4 Bologna 1

FRANCE

LIGUE 1

Yesterday's results
Arles-Avignon 2 Bordeaux 4
Lille 2 Monaco 1
Lens 1 Lyon 3

NFL

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Jets	8	2	0	.800	238	177
New England	8	2	0	.800	289	242
Miami	5	5	0	.500	172	208
Buffalo	2	8	0	.200	213	276

SOUTH

	W	L	T	Pct	PF	PA
Jacksonville	6	4	0	.600	220	270
Indianapolis	6	4	0	.600	268	216
Tennessee	5	5	0	.500	257	198
Houston	4	6	0	.400	244	287

NORTH

	W	L	T	Pct	PF	PA
Baltimore	7	3	0	.700	233	178
Pittsburgh	7	3	0	.700	235	165
Cleveland	3	7	0	.300	192	206
Cincinnati	2	8	0	.200	215	262

WEST

	W	L	T	Pct	PF	PA
Kansas City	6	4	0	.600	243	207
Oakland	5	5	0	.500	238	223
San Diego	4	5	0	.444	239	197
Denver	3	6	0	.333	203	252

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
Philadelphia	7	3	0	.700	284	226
N.Y. Giants	6	4	0	.600	253	220
Washington	5	5	0	.500	202	245
Dallas	3	7	0	.300	229	271

SOUTH

	W	L	T	Pct	PF	PA
Atlanta	8	2	0	.800	256	192
New Orleans	7	3	0	.700	235	170
Tampa Bay	7	3	0	.700	209	206
Carolina	1	9	0	.100	117	252

NORTH

	W	L	T	Pct	PF	PA
Chicago	7	3	0	.700	191	146
Green Bay	7	3	0	.700	252	146
Minnesota	3	7	0	.300	172	226
Detroit	2	8	0	.200	234	237

WEST

	W	L	T	Pct	PF	PA
Seattle	5	5	0	.500	185	233
St. Louis	4	6	0	.400	177	198
San Francisco	3	7	0	.300	160	219
Arizona	3	7	0	.300	188	292

WEEK 11

Yesterday's results
Atlanta 34 St. Louis 17
Baltimore 37 Carolina 13
Buffalo 49 Cincinnati 31
Dallas 35 Detroit 19
Green Bay 31 Minnesota 3
Jacksonville 24 Cleveland 20
Kansas City 31 Arizona 13
New England 31 Indianapolis 28
New Orleans 34 Seattle 19
N.Y. Jets 30 Houston 27
Pittsburgh 35 Oakland 3
Tampa Bay 21 San Francisco 0
Washington 19 Tennessee 16 (OT)
Philadelphia 27 N.Y. Giants 17
Thursday's result
Chicago 16 Miami 0
Tonight's games
(All times Eastern)
Denver at San Diego, 8:30 p.m.

WEEK 12

Thursday, Nov. 25
New England at Detroit, 12:30 p.m.
New Orleans at Dallas, 4:15 p.m.
Cincinnati at N.Y. Jets, 8:20 p.m.
Sunday, Nov. 28
Green Bay at Atlanta, 1 p.m.
Tennessee at Houston, 1 p.m.
Minnesota at Washington, 1 p.m.
Pittsburgh at Buffalo, 1 p.m.
Carolina at Cleveland, 1 p.m.
Jacksonville at N.Y. Giants, 1 p.m.
Kansas City at Seattle, 4:05 p.m.
Miami at Oakland, 4:05 p.m.
Philadelphia at Chicago, 4:15 p.m.
St. Louis at Denver, 4:15 p.m.
Tampa Bay at Baltimore, 4:15 p.m.
San Diego at Indianapolis, 8:20 p.m.
Monday, Nov. 29
San Francisco at Arizona, 8:30 p.m.

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NEW Crossword and Suduko updated daily.
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metro play

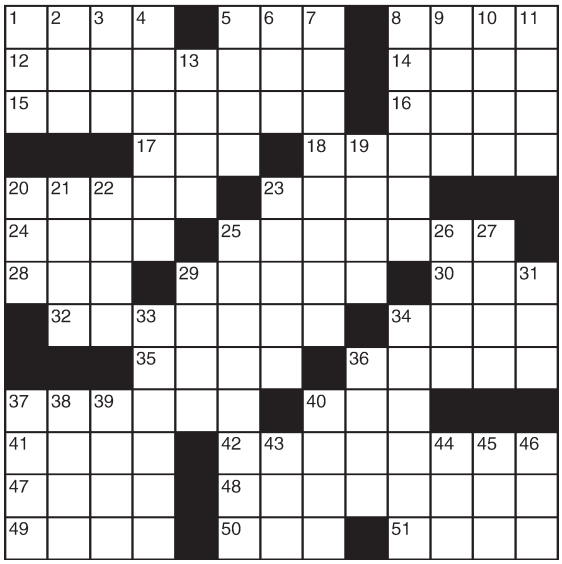
Crossword

Across

1 Initial stake
5 Mandible
8 Jog
12 Take extra precautions
14 Inauguration recitation
15 Used by all
16 "Do — others ..."
17 Tokyo's old name
18 Abductor
20 Thread recommended by dentists
23 Dullard
24 Allergic reaction
25 Remark
28 Lubricant
29 Fugard's "A Lesson From —"
30 Aah's partner
32 Order
34 FDR is pictured on it
35 Roof overhang
36 Bowler hat
37 Graduates
40 Conger, for one
41 "The Bible Tells —"
42 Subway passenger, often
47 State with certainty
48 Citric quencher
49 Neat
50 Historic time
51 Business VIP

Down

1 Joan of —
2 Ultramodern (Pref.)
3 "Tiny" Dickens lad
4 Become interwoven
5 2007 Ellen Page movie
6 Altar constellation
7 Greeted
8 Hairpiece
9 Carry on
10 "Beetle Bailey" dog
11 Norse thunder god
13 Lather
19 Venus de Milo's lack
20 To and —
21 Secular
22 Scandinavian city
23 Frontiersman Daniel
25 Collarbone
26 Black (Fr.)
27 Mausoleum
29 "— for All Seasons"
31 Attention getter
33 "Cats" showstopper
34 "Clair —"
36 Showroom sample
37 He loves (Lat.)
38 Jeans pioneer Strauss
39 Secondhand
40 Actress Thompson
43 "— the ramparts ..."
44 April 15 payment
45 Netherlands city
46 Fun and games



▶ Yesterday's answer

Sudoku

3			9		4			1
	1		2		3		6	
		6				9		
		3	6		8	5		
2								6
		1	4		7	8		
		2				3		
	4		1		6		9	
9			5		2			7

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

6	9	2	3	1	4	7	8	5
7	5	4	9	6	8	1	3	2
1	3	8	7	5	2	4	6	9
2	4	1	8	9	5	3	7	6
5	7	3	6	2	1	8	9	4
8	6	9	4	7	3	5	2	1
4	1	6	2	3	7	9	5	8
3	2	5	1	8	9	6	4	7
9	8	7	5	4	6	2	1	3

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

J.puff iloveu baby I might not be the best at expressing my love towards you but babe ilu more then anythg. Muahh <3 **YOURS && ONLY YOURS BULBUL (: .**

To my lovely wife, happy second wedding anniversary. We are on our way to growing old together. **LOVE ALWAYS. PAUL.**

Hello, Diva!!! I'm so glad You came to visit Family in Hungary. You are such a nice person to be with and we love You so much. **GRANDMA AGNES**

Sadiki, I honestly did not know what love is until you came into my life. Each and every day i love you more and more. I miss you more than anything and am counting the months until we can be together forever. Love you forever and always **143 LOVE LIZ**

A look at the weather

MONDAY	TUESDAY	WEDNESDAY
Min -18°	Min -25°	Min -4°
Max -18°	Max -20°	Max -3°

Andrew Schultz, Meteorologist
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". **WEEKDAYS 6AM**

BT BREAKFAST TELEVISION

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 This is a marvelous time for travel and anything to do with expanding your horizons, both mentally and physically.

♉ Taurus April 21-May The Sun moves into the area of the heavens that governs investments and anything else that has a bearing on your material wealth today. Whatever your financial ills may be they will get better very soon.

♊ Gemini May 22-June 21 You have come in for some criticism of late and although not all of it was deserved you know that some of it was. So, have you learned from your mistakes? Of course you have – learning is what Gemini does best.

♋ Cancer June 22-July 22 The past few weeks have seen you at your most confident and dynamic but the Sun's change of signs today will bring back one or two minor doubts. But that's all they are – minor – so don't dwell on them.

♌ Leo July 23-Aug.23 You have so much confidence in yourself that there is just no way you will not be able to reach your goals. Anything is possible for you over the next four weeks.

♍ Virgo Aug. 24- Sept. 22 The Sun's entry into one of the more sensitive areas of your chart may make you a bit distrustful of people you don't know very well but don't take it to extremes.

♎ Libra Sept. 23-Oct. 23 Why are you dwelling on past mistakes when you should be thinking ahead to all the wonderful opportunities that will soon be coming to you?

♏ Scorpio Oct. 24-Nov. 22 The Sun moves out of your birth sign today and into the area of the sky that governs what you own and earn, which means it is time to turn your attention to matters of a worldly nature.

♐ Sagittarius Nov. 23-Dec. 21 A new solar year begins for you today and your first task is to decide what you intend to do with it. You must have a plan, even if it is only a vague outline of the path you hope to be taking.

♑ Capricorn Dec. 22-Jan. 20 You will be asking yourself some deep questions today, questions of the "what must I do with my life?" variety. Don't rush the answers – they will only come when the time is right.

♒ Aquarius Jan. 21-Feb. 18 You've been a bit pushy of late, and that's okay because it was the only way to get things done, but now you must take a more relaxed attitude to relationships.

♓ Pisces Feb. 19-March 20 Your voice will carry a lot more authority now that the Sun is crossing the midheaven angle of your chart. So what will you get people to do for you? SALLY BROMPTON

Caption contest

MUHAMMED MUHEISEN/THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

ALIK KEPLICZ/THE ASSOCIATED PRESS

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